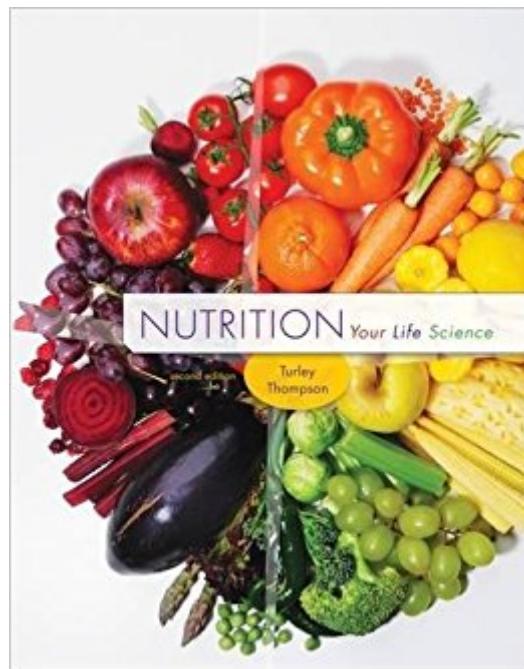


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# Nutrition: Your Life Science



## **Synopsis**

NOTE: This is a standalone book. YOUR LIFE SCIENCE, Second Edition, helps you understand the fundamental principles of nutritional science. Turley/Thompson gives you a variety of options to learn, review, and demonstrate your knowledge.

## **Book Information**

Spiral-bound: 560 pages

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Product Dimensions: 9.1 x 1.1 x 10.8 inches

Shipping Weight: 2.5 pounds (View shipping rates and policies)

Average Customer Review: 3.5 out of 5 stars 4 customer reviews

Best Sellers Rank: #106,123 in Books (See Top 100 in Books) #50 in Books > Textbooks >

Medicine & Health Sciences > Nursing > Clinical > Nutrition #62 in Books > Medical Books >

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## **Customer Reviews**

Dr. Turley is Brady Distinguished Professor of nutrition and the online nutrition program director at Weber State University. She is also currently head of the Department of Health and Human Performance. She received her Ph.D. degree in nutritional science from the University of Texas at Austin and held a 4-year post-doctoral research fellowship at the National Cancer Institute in Frederick, Maryland. She has been actively involved in teaching, scholarship, and service at WSU for nearly 10 years. Dr. Turley's nutrition specialty areas are cancer and immunity. Her laboratory experiences centered on investigating vitamin E as an anti-cancer agent in human cancer cells and determining novel mechanisms of action for this essential nutrient. She is personally and professionally interested in nutrition and immunity, especially as it relates to food allergies and intolerances, as well as food system sustainability and the personal and environmental benefits of organic foods. Dr. Thompson is Professor of Nutrition and the Director of the Nutrition Program at Weber State University, where she has been for 27 years. Because the Department of Nutrition is housed in the School of Health and Human Performance, Dr. Thompson has had the opportunity to reach out to young adults and share sound strategies for promoting lifelong good health. Many

experiences that Dr. Thompson had during her undergraduate education at the University of California, Berkeley motivated her to pursue career opportunities in the clinical dietetics area. After completing a master's degree and a doctorate degree from the University of Arizona, and doing clinical nutrition research, she was convinced that preventive medicine and lifestyle management are among the keys to life-long health and happiness.

Great book for my summer class!

Although a new book, it did not come with the access code. I will be returning this item. Also, it is noted as being a "paperback," but not noted as being spiral bound.

Arrived in good time and was as described

good

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